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MARTIN LAW

» Workers' Compensation » Social Security Disability » Long-Term Disability » Veterans' Benefits



PROUDLY SERVING OUR VETERANS

At Martin Law, we acknowledge the sacrifices made by our veterans. The time spent away from family, the harsh physical and mental affects, the lives taken too soon- it does not go unnoticed, and it should not go unnoticed. There was once a time in their lives when they got up every day and fought for our country and fought for our freedom. That's why we choose to stand up and fight for our veterans when they need us most.

All honorably discharged veterans are entitled to benefits, determined by the extent of injury or illness suffered due to their military service. Even if a veteran does not experience the effects of illness or injury until after their time of service, they are entitled to benefits. We assist veterans who have had their benefits denied by the Veterans' Administration.

Because applying for military veterans disability benefits can be a long, frustrating process, it is best to seek help from an experienced attorney. An attorney will ensure that the application process is completed error-free and that you will receive all of the benefits you are entitled to. Martin attorneys Joseph Huttemann, Frank Udinson, Joseph Ring and Kayla Kieszek have all been accredited by the VA as specialists in this area of law. Most recently Mr. Udinson was admitted to the U.S. Court of Appeals for Veterans Claims.

If you are a veteran and you are struggling with the application process, having issues with your current benefits or just simply need guidance and advice, please do not hesitate to contact one of our attorneys for a free consultation. It is with honor and gratitude that we remember your sacrifices made for this country. We thank you for your service, and in return we promise to always work diligently to stand up for the benefits that you deserve.



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COMMUNITY **SUPPORT**

At Martin Law, community support is one of our core values. For the fourth year in a row, "Martin Law Gives Back," continues to choose a community organization to support through various donations and volunteering.

» In March, we raised money for AMBUCS Pool Tournament. AMBUCS mission is to create mobility and independence for people with disabilities. We also sponsored Shake It Off- A Parkinson's Charity Rabbit Run.

» In April, we participated in the March of Dimes walk for babies.

» In May, a few members of our firm participated in the Blue Cross Broad Street Run to support the American Cancer Society.

» In June, we enjoyed helping out the Ronald McDonald House as we held a bake sale to raise funds and also participated in a PRMH Craft Night.

» In July, we hosted our American Red Cross summer blood drive. We also "supported the blue" and donated cases of water to the officers who worked the Democratic National Convention.

THIS IS THE SIXTH IN A SERIES ABOUT WORKPLACE SAFETY.

Work-related foot injuries are often caused by wearing improper footwear on the job. Wearing footwear that is not appropriate for your working conditions, does not fit properly or is in need of repair has the potential to cause various short term and long term effects to your feet.

While searching for the right pair of shoes for your job, you should ask yourself these two important questions:

1. What kind of work will I be doing? 2. What kind of environment am I working in?

It is extremely important to evaluate the work you will be doing and the environment you will be working in while shopping for work footwear. On a daily basis, you make a decision on what shoes to wear based on your activity planned for the day. Why should work be any different? Think about it-would you wear flip flops to go for a run?

Now that you have identified your work environment and duties, it is time to start looking for the proper shoes. There are hundreds of shoes designed to meet hundreds of different safety needs. Which pair do vou choose? Here's a brief breakdown of what shoes you should be looking for based on your occupation:

• Work in construction? Look for shoes with metal insoles or reinforced soles in case you were to step on any sharp objects. If you are working with

heavy objects that could fall of your feet, look for shoes with steel toes.

WORKPLACE SAFETY - THE RIGHT SHOES

• Work in a lab? Look for rubber boots to protect your feet from any spilled chemicals.

• Work in a restaurant? Look for slip resistant shoes that prevent falling on slippery or oily floors.

• Work as an electrician? Look for shoes with a rubber outsole that will protect you from incidents where live circuits are present.

• Work as a teacher? Look for shoes that are flat or have low heels that will be comfortable to stand in for long periods of time.

Most jobs will require this specific type of footwear mentioned above, but remember- your safety doesn't just start and end with the "right" kind of shoes. Evaluating the actual quality of the shoe is important, too. Make it a point to focus on durability and comfort.

Once you have properly selected a pair of work shoes, you must take care of them and monitor them as time goes on. If you notice any kind of damage to your shoes, either get them repaired or purchase a new pair. If your shoes feel too big or too small, replace them.

Ultimately, your safety comes down to your judgement. Only you know your job. Only you know what fits. Only you know what's comfortable. Stay safe, prevent injury and take care of your feet. After all, they're the only pair you'll ever have!























MATT WILSON AWARDED LAWYER OF THE YEAR



Martin Law Partner Matt Wilson has been named Best Lawyers 2017 Lawyer of the Year for Philadelphia Workers' Compensation -Claimants. This award is given to the Best Lawyer who receives the highest peer review in a practice area per geographic region. Martin Law Founding Partner George Martin previously received this award in 2013.

Matt Wilson has been listed on Best lawyers for 7 years, along with George Martin for 22 years, Al Carlson for 4 years and John Dogum for 4 years were also named 2017 Best Lawyers.

Best Lawyers is the oldest and most highly-respected peer review guide to the legal profession worldwide. It is a great accomplishment and honor to be named a Best Lawyer, and we couldn't be more proud of our Martin attorneys!

What do our clients say about us?

"I had a great and honest experience with the firm and my attorney Al Carlson. From the first time that I met him (Al) and the way that he spoke to me, I knew I had done the right thing for myself. I can't speak enough about the honesty that flows from Al Carlson down through Paula, Kristi and Katrina. They are always courteous and tenacious and always follow up on any question or concern that you may have. They address you professionally and handle every situation professionally even though the other party may not be professional. I would trust them with anything and recommend them always." -Elaine B.

THE IMPORTANCE OF MEDICAL TREATMENT

If you are injured on the job, it is crucial to seek medical care. Continuously treating with a doctor will help you receive the benefits you deserve as well as help you recover from your injury.

Does your employer insist you see a doctor of their choice? They could be wrong. You must treat with your employer's preferred physicians only if the company provided a list of at least six different providers, or you signed two documents indicating "acknowledgment of rights and duties." If neither of these things have happened, you may be free to choose your own doctor. If you are required to treat with your employer's preferred physicians, you have the right to switch to your own doctor of choice 90 days after your injury.

Treating with a doctor that specializes in your specific injury is not a privilege, it is a right. You deserve to see a qualified physician or specialist whose medical opinion is not influenced by your employer. As your case progresses, be sure to keep these three tips in mind:

• Return to each of your doctors as often as necessary. Please keep a weekly or monthly record of your complaints and progress.

• Retain copies of all medical, hospital and prescription bills. You should make and keep a list of all your medical bills related to your work injury. This is important if you pay out of pocket for any treatment.

• Keep us updated. You should keep us advised of any changes your doctors make to your treatment or if they refer you to any other physicians. In order to make the best decisions in your case, it is imperative you keep us updated. At Martin Law, we don't believe in "all work, no play." In fact, we frequently turn casual Friday's into firm celebration days. In April, we celebrated Villanova's NCAA Championship win. In August, we celebrated the USA's great success in the Rio Olympics.





MARTIN LAW

THE LAW FIRM FOR WORKERS

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If there is a charitable organization that you would like Martin Law's Give Back Committee to look into supporting, please send an e-mail to info@paworkinjury.com.

Please include a brief description of the charity and the best way for us to reach out to them.

MARTIN LAW PARTICIPATES IN 4TH ANNUAL PHILALYMPICS

On August 25, 2016 Martin Law staff and attorneys participated in the Philadelphia Ronald McDonald House's 4th Annual Philalympics. Our team competed against other Philadelphia area companies in Philadelphia themed trivia and activities in attempts to be named the "Phunnest" company.

Through firm activities, raffles and donations, we ended up surpassing our goal and raised a total of \$2,534.70.00 for the Ronald McDonald House! We can't wait for next year!

