

How to avoid workplace hazards in Pennsylvania

Workplace hazards pose a serious safety risk for many workers in Pennsylvania. Many workplace accidents can be prevented by understanding and addressing safety hazards in the workplace, but unfortunately, many workplaces do not take the appropriate steps to keep workers safe.

Do you know what the most common workplace hazards are in your workplace? Many workers are unaware of the safety risks they face while working and may be at risk for suffering a workplace injury.

That is why it is important to be aware of potential workplace safety hazards and how to keep yourself safe on the job because not all employers will take the right steps to ensure your safety.

Some of the most common types of hazards at work include working with unsafe equipment, working at higher levels, wet or unstable floors and other dangerous conditions where the worker has not received adequate training.

The U.S. Department of Labor reported that in 2012, there were 2,986,500 injuries on the job in the U.S. The most common type of workplace injuries were muscle sprains, back injuries, slip and falls, traffic accidents and other accidents caused by violence in the workplace.

While it is the responsibility of the employer to make the workplace safe and free from hazards, what can workers do to reduce the risk of suffering a workplace injury? Below is a list of steps workers should take to stay safe:

- Remove clutter from work area and look for items that may cause trips or falls.

- Wear clothing and shoes that are appropriate for your job duties and tasks.
- Make sure all equipment being used is working properly and do not pose any dangers.
- Follow proper techniques when doing any physical on the job.
- Report any unsafe or hazards threats, including other workers, that may pose a risk.

Understanding the risks associated with your job can help protect you and other workers from suffering a workplace accident or injury.

Source: PayScale, "[Watch Out for Office Hazards – Workplace Safety Tips that Could Save Your Life](#)," Tess C. Taylor, June 4, 2013